



The East Troy News

MANOR

MAY
2021

Skilled Nursing • Respite Care • Rehabilitation Services

Call Brody Gray, Activities Director for visitation guidelines, questions, and appointments.

Dream Flights honors WWII veterans

Non-profit Dream Flights is on a mission to serve our remaining WWII veterans who sacrificed for our country.

During Operation September Freedom, Aug. 1 through Sep. 30, 2021, Dream Flights will honor as many WWII veterans as possible with a free flight aboard a restored WWII era biplane.

Stopping in towns large and small across the US, Dream Flights will meet with veterans, hear their

stories, and fly them in an open cockpit biplane soaring to 1,000 feet. It's an experience Dream Flyers say they'll never forget.

Flights are free to WWII vets and are funded by sponsorships and donations. Pilots, crew members, and maintenance and support staff are volunteers.

Watch a video at bit.ly/df-video1

Or scan this code with your smartphone camera:



Dream Flights founder Darryl Fisher and two WWII veterans with the Spirit Of Wisconsin, a refurbished WWII-era biplane stationed in Stevens Point, WI.

Sign up by June 1 at: DreamFlights.org/honor

Any WWII vet is eligible. If you're a resident, you can sign up through our facility; get with an administrator or activity director.

East Troy

MANOR

3271 North Street, East Troy, WI 53120
262.642.3995
Te'Hiva Simmons, Administrator

Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.
Please call our office.



Wisconsin Illinois
SENIOR HOUSING INC.

EastTroyManor.org

WE ACCEPT CREDIT CARDS

RESIDENT OF THE MONTH

Resident of the month proudly goes to **Lenora!**

Lenora came to East Troy Manor February of this year and has since put a wonderful smile on everyone's face, everyday! Every chance Lenora has she will come sit in your office and talk about anything. Lenora has her bachelor's degree in teaching, and she has many years of experience.

Lenora graduated from Marquette University. She also had the wonderful experience to travel to Japan and teach English as a second language. Whenever Lenora gets the chance, she likes to welcome new guests and residents into the building. She likes to spend her time writing, talking, watching tv, and reading. Lenora is so sweet that she asks staff what she could do to help *them* out. She truly earned the title for resident of the month!



PHOTO HIGHLIGHTS



Happy Birthday!

Best wishes to our residents and staff celebrating birthdays this month.

Residents

Dean F.	May 14th
Leatrice B.	May 16th
Alex K	May 19th
JoAnn J.	May 23rd
Betty C.	May 27th

Staff

Corin S.	May 1st
Savannah S.	May 2nd
Brittany N.	May 5th
Jacklyn S.	May 5th
Rachel G.	May 7th
Carrie P.	May 7th
Heather H.	May 9th
Olivia M.	May 9th
Rachel D.	May 10th
Morgan Q.	May 13th
Amber L.	May 24th
Kimberly H.	May 27th
Susan S.	May 30th



Activity staff and their peep themed bulletin boards



Resident Alex playing hallway bingo



A resident enjoying sand art that she made



Activity staff having some snacks for opening day

Activity Highlights

Church services are back inside the building!

St. James United Methodist Church is every Thursday at 11:00am

St. Peter the Apostle Church is every first Friday of the month at 10:30am

Good Shepard Lutheran Church is every other Thursday at 3:00pm



Check out our Facebook for updates during the week! We are always adding new content to share with you what events and activities we do to keep your loved ones busy and happy.



Activity staff coloring eggs for Easter

Residents JoAnn and Marti with their Easter egg



Residents with their Easter stuffed bunnies that were donated



Residents enjoying being outside for the first time this season

Online Reviews We would love to hear from you. Feel free to always jump online and write a review for us.

Therapy Success Story

Linda is a 70-year-old woman that had been having bilateral foot pain for 3-4 days prior to hospitalization. She was ultimately hospitalized with bilateral foot cellulitis and sepsis.

Upon arrival, Linda was very nervous, making minimal conversation. Over a short period of time, the East Troy staff gained her trust, and she was jovial and willing to participate completely in therapy. She made conversation, talking about her family and past experiences. We enjoyed joking with Linda and she often shared how nice everyone was to her. Linda gained her confidence and independence and was able to complete 12 stairs prior to returning home.

WISH List

- Tie dye kit
- Easy activity kits
- Bingo prizes
- Box of chips for social hour/prizes
- Plants, flowers, seeds, or anything for planting

Join Our Team

- Activity Aide, weekend warrior. (8am-1pm, 4pm-7pm at least three weekends a month)
- CNA NOC every other weekend.
- CNA part-time first shift
- CNA full-time and part-time second shift
- Licensed beautician
- Transportation driver, PRN

East Troy Manor Staff

Te'Hiva Simmons
Administrator

Bridget Carlson
Director of Nursing

Tammy Gentele
Business Office Manager:
Accounts Receivable

Mike Steck
Maintenance Director

Tamie Klein
Dietary Supervisor

Blanca C.
Admissions Director

Kathleen Calmes
MDS Coordinator

Kristin Nieuwenhuis
Social Services

Brody Gray
Activities Director

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Mental Health Myth vs. Facts

Most of us know someone who has experienced poor mental health or mental illness at some point in their lives. Yet there are still many harmful attitudes and misunderstandings around mental health and mental illness. See if you can separate the myths from fact to learn more about National Mental Health Awareness Month.

1. Poor mental health increases the risk for long-lasting (chronic) physical conditions like:

- A) Heart Disease
- B) Stroke
- C) Cancer
- D) All of the above

D) Poor mental health increases the risk for long-lasting (chronic) physical conditions like heart disease, stroke, and cancer.

2. Mental illness:

- A) Cannot be treated
- B) Can be treated

B) Mental illness can be treated. Research shows that people with mental illness can get better and many recover completely.

3. Mental health is:

- A) More than the absence of mental disorders

B) Only important for some people

C) An important part of overall health and well-being

C) Mental health is an important part of overall health and well-being.

4. Mental illness is caused by:

- A) Personal weakness
- B) Lack of willpower
- C) A number of factors including biological factors, stressful or traumatic life events, and long-lasting health conditions such as heart disease or cancer

C) Mental illness is caused by a number of factors including biological factors, stressful or traumatic life events, and long-lasting health conditions such as heart disease or cancer

Source: cdc.gov

WORD SEARCH

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

APPRECIATE
AWARENESS
CARE
CHALLENGE
HEALTH
HEAT
HYDRATE
MAY

MENTAL
MILITARY
MOTHER
NURSES
STRESS
STROKE
SUN

C C L G L U N R T Y E U C U G
Z F H D V M H I J X C Y A P K
P A S A S W I H S I A S R T U
U P D P L K W L V C P U E V Z
H P S R V L M H I U A N R S O
N R T T G Y E D Y T W D T Q S
E E R X F N V N B D A O M Q S
D C E F I J U R G H R R G W T
K I S A M M X R H E E A Y N R
E A S E O A Z T S L N N T R O
G T Y E T Y L I N E E P P E K
L E F H H A G G K V S E Y E E
S R M A E W T R G Z S K K Y Z
Z E G H R A V M E N T A L O Q
V A A O I L T S R O R F J W B

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